AFTERCARE GUIDE

How to care for *your tattoo.*

Aftercare is part of the tattoo: how it turns out depends on what you do in these weeks. Every piece is different, so if I gave you specific instructions for yours, follow those first.

STEP BY STEP

01 The first hours

Keep the film on for 40 minutes to 2 hours, depending on the tattoo: I'll tell you the exact time when the session ends. Then remove it gently, with clean hands.

02 Day 1 · Washing

Wash it about 3 times during the day, only with mild, fragrance-free glycerin soap. Rinse without aiming the water stream directly at the tattoo and pat it dry with a paper towel, without rubbing.

03 From day 2 · Washing and moisturizer

Keep washing it the same way, about 3 times a day, and after each wash apply a fragrance-free moisturizer that isn't a healing cream. If it feels tight or dry between washes, add another layer. Always a thin layer, just enough for the skin to breathe without clogging the pores. Keep this routine for 2 weeks.

While it heals, *avoid*

- Direct sun on the tattoo.
- Hot water and aiming the water stream directly at it.
- Pools, chlorinated water, rivers and streams.
- Tight clothes and anything that rubs the area.
- Bumps and, if you can, sports for 2 weeks.

It also *helps*

- Wash your hands before touching the tattoo.
- It's normal for it to itch and peel: don't scratch or pick the scabs, let them fall off on their own.
- Use clean sheets and towels while it heals.
- Once healed, use sunscreen on the tattoo so the lines stay crisp over the years.

IF IT NEEDS A TOUCH-UP

If any line ends up needing a touch-up, we schedule it after the 2 weeks.

IF SOMETHING DOESN'T LOOK RIGHT

If the area keeps getting redder or warmer, there is pus or you have a fever, see a doctor and let me know.

DONATING BLOOD

After getting tattooed you need to wait at least 6 months to donate blood. Some blood banks ask for 12, so check before you go.

Questions? *Message me.*

It always depends on the tattoo, so if you're unsure about anything, just ask. I'd rather you ask too much than too little.

Cami

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